

# **QUICK START GUIDE**

### **START**

**START SESSION** 

Tap **START SESSION**.

START CALIBRATION

Tap START CALIBRATION and stand still with arms folded.

**START SESSION** 

When calibration is complete, tap **START SESSION**.

## **ADJUST**

Select Screen



**Workout session** information

**Adjust Incline** 

Adjust Body weight

**Adjust Speed** 

# PAUSE | STOP



Tap **PAUSE** to pause the workout session. The screen will become grayed out and the GO button will appear.



Tap **STOP** to end the workout session.



Tap GO to resume the session.



# **EMERGENCY EXTRACTION PROTOCOLS**

Before using the Anti-Gravity Treadmill, read the entire User Manual, which can be obtained at alterg.com or by contacting our Service Department at +1.510.270.5900.

In the unlikely event that a patient becomes immobilized in the Anti-Gravity Treadmill, please refer to the urgent steps below to secure the situation before calling +1510.270.5900 or referring to alterg.com or the User Manual for more detailed instructions and next steps.

#### **IMPORTANT NOTES:**

- 1. Do not unlock the cockpit until you read further.
- 2. The treadmill belt on the Via series does not lock in place, so secure it by holding your foot against it at the rear of the treadmill.

#### **EMERGENCY SCENARIOS**

There are two likely scenarios in which a patient may require urgent help with getting out of the Anti-Gravity Treadmill:

#### **SCENARIO 1**

The patient falls or becomes fatigued to the point of inability to exit the treadmill before the air chamber is inflated with air.

- **Option 1:** If the patient can stand, stop the treadmill and secure the belt with your foot. Help the patient exit the treadmill.
- **Option 2:** Prevent the belt from moving by securing it with your foot. Remove the bag rods at the treadmill base.
- **Option 3:** Prevent the belt from moving by securing it with your foot. Cut the air chamber and help the patient exit the treadmill.

#### **SCENARIO 2**

The patient becomes fatigued to the point of inability to exit the treadmill after the air chamber is inflated.

Reduce the body weight percentage to less than 40% and have the patient sit down in place until they re-gain their strength and are able to exit on their own.

