

# CLEANING YOUR ANTI-GRAVITY TREADMILL

ALTER **G**<sup>®</sup>

We at AlterG are committed to help our customers maintain safe and healthy environments. We value and understand the importance of regular cleaning and disinfecting of frequently touched surfaces to help reduce the risk of infection and are here to help with your efforts.

To keep our customers safe and preserve the quality of your AlterG, here is a reminder of some guidelines to follow:



- AlterG recommends disinfecting shorts between uses
- When using a disinfectant, saturate the shorts with the disinfectant solution for a minimum of 10 minutes
- AlterG shorts can tolerate exposure to a 10% bleach solution  
\*bleach solution may cause discoloration of materials
- For detailed instructions on machine and handwashing, please refer to our Cleaning Guide



- Wipe the frequently touched surfaces of the Anti-Gravity Treadmill frame between uses
- Use disinfectants compatible with urethane coatings and epoxy-based paint films and on the [EPA approved disinfectant list](#)
- Isopropyl Alcohol, bleach-free disinfecting wipes are some examples of safe, effective products

\*Bag windows should be cleaned with Included IMAR Strataglass cleaner ONLY



- Wipe the entire surface of the screen with a soft, lint-free cloth dabbed in isopropyl alcohol or a bleach-free disinfectant wipe.
- Use mild neutral cleaners only, never harsh acidic or alkali solutions
- If using a disinfectant spray, be sure to spray onto the cloth or towel before wiping screen.

If you have any questions about keeping your AlterG clean and safe  
contact us at [AlterG@golifeward.com](mailto:AlterG@golifeward.com)

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